

# The LCP Coaching Wheel

Need a 'roadblock buster' for your goals?

1 Write your goal in the white circle.

2 Explore the 4 P's:

**What are the positives?**

What's working well? What I have learned? What strengths can I leverage?

**What are the possibilities?**

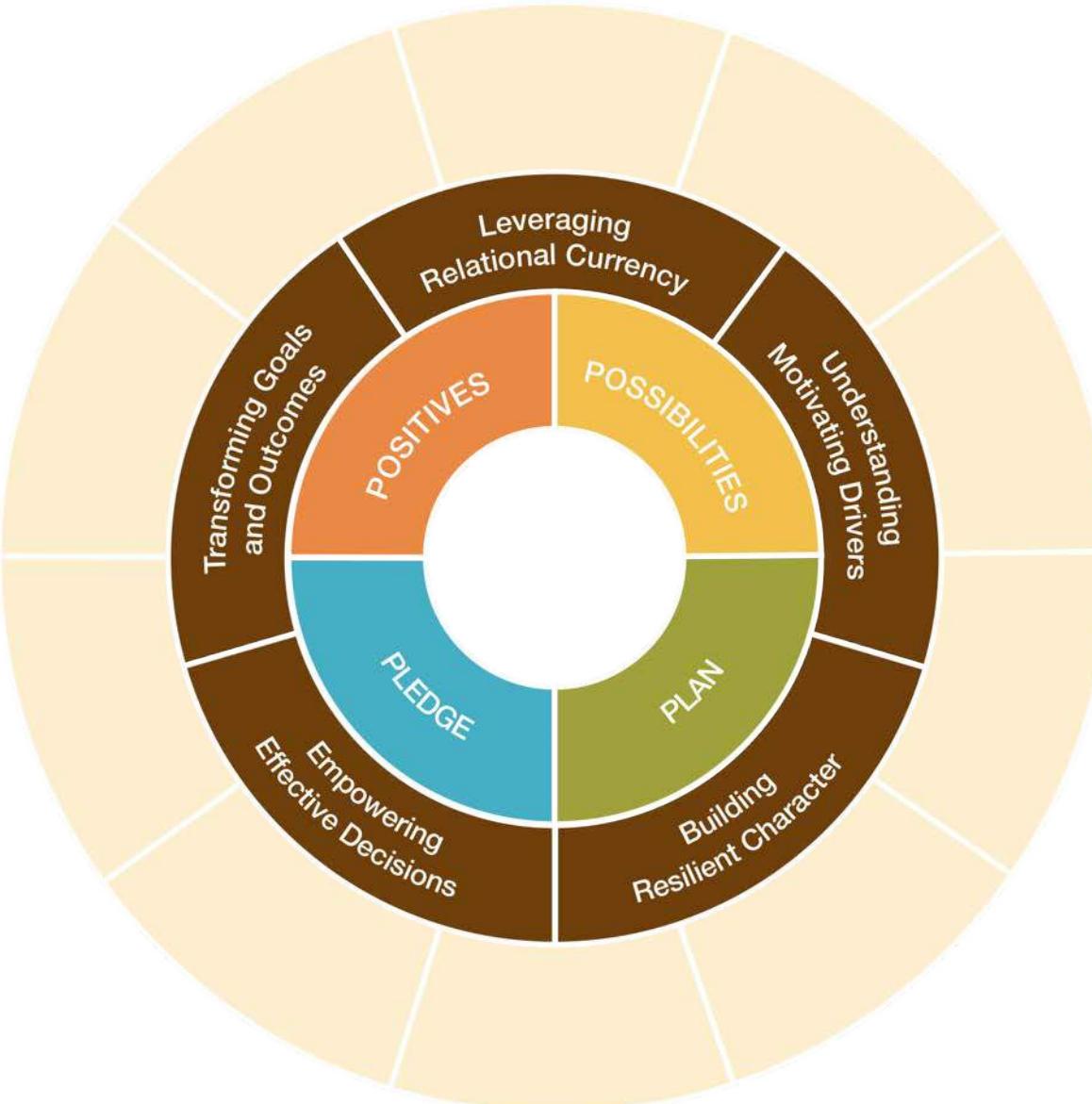
What ideas would I try if there were no constraints?

**What's my plan?**

What do I need to start doing, or stop doing?

**What will I commit to?**

What will I measure to make it sustainable?



3 Using the 5 *Leadership Anchors*™, ask some deeper questions:

Am I surrounding myself with the best people?

Do I understand how to motivate others to support me?

Does my approach align with my values?

Am I 'playing it safe' with my decisions?

What is one thing that would transform the outcome?

4 Identify which of your strengths and values would support the achievement of your goal.



For more tips and information on helping you to achieve your goals, visit [www.lcp-global.com](http://www.lcp-global.com)

